



HOW TO HAVE A SUCCESSFUL PREGNANCY WITH POOR OVARIAN RESERVE?

“Ovarian reserve” refers to the quality and number of eggs. They are also known as “Oocytes”. The average number of eggs in ovarian reserve depends upon age.

What is Diminished Ovarian Reserve(DOR)?

Diminished Ovarian Reserve is a term used to specify a condition in which a woman has a low count and low quality of eggs in her ovaries. This condition can be depressing as it can lead to difficulty for women to conceive or even cause infertility.

Causes

- Smoking
- Tubal disease
- Endometriosis
- Genetic disorders (Fragile X and other X chromosome abnormalities)
- Aggressive radiation treatments (For example, radiation for cancer)
- Ovarian surgery, such as endometriosis
- Idiopathic
- Pelvic infection
- Autoimmune illnesses
- Mumps

Symptoms

- Difficulty in getting pregnant
- Heavy menstrual flow
- Shorter menstrual cycles
- Miscarriage
- Late or lack of menstrual periods

Diagnosis

- Anti Mullerian Hormone Test
- Follicle Stimulating Hormone Test
- Transvaginal Ultrasound

Treatment Solutions

- Ovarian Stimulation
- Fertility Preservation
- Donor Egg In - Vitro Fertilization

Once the diagnosis for DOR is performed, the prognosis for women with this condition is secured. We at Genome have experienced and full time Reproductive Medicine Specialists who deals with DOR problems.